



ONO DA-AANJISEWAN

NAWACH NIIBIWA JI-MIININDING

Minik ge-miininding ge-gaanjiseg \$0.50 /kg

GEGAA NAWACH NIIBIWA JI-MIININDING

Minik ge-miininding ge-gaanjiseg \$1 /kg

BANGII ETA JI-MIININDING

Gaawiin da-aanjisesinoo. Niibiwa gegoonan gii-achigaadewan

MIIJIMAN

NAWACH NIIBIWA JI-MIININDING

GEGAA NAWACH NIIBIWA JI-MIININDING

BANGII ETA JI-MIININDING

Gitigaanan gaye gaa-zhiiwangin gitigaanan



- Gitigaanan gaye gaa-zhiiwangin gitigaanan gaa-mashkawaakodokin

- Gitigaanan gaye gaa-zhiiwangin gitigaanan noongom gaa-biijigaadegin
- Gitigaanan baategin (gaawiin zhiiwitaagan gemaa ziizibaakwad)
- Gaa-zhiiwangin gitigaanan baategin (gaawiin zhiiwitaagan gemaa ziizibaakwad)
- Gitigaanaabo gaa-mashkawaakoding nibi gaa-dagonaman
- Gitigaanaabo 250 ml gaa-biindeg gemaa nawach bangii, gaawiin biiwaabikoons
- Gaa-mashkawaakodokin opiniin bebakaan gaa-inizhigaadegin

- Gaa-zhiiwanzinog miinaabo awashime gaa-michaabikag 250 ml gemaa bangii nawach gaye 100% moodayaabikoonsing
- ★ Gaa-zhiiwanzinog miinaabo biiwaabikoonsing gaa-biindeg
- ★ Gitigaanan gaye gaa-zhiiwangin gitigaanan biiwaabikoonsing gaa-biindeg
- ★ Ogniiig gaa-onji-ozhichigaadeg dagozekwaan

Bakwezheganing



- Doodooshaabo (gaa-ondinigaadeg noongom)

- Bakwezheganing
- Bakwezheganing gegoo gaa-biindeg (daabishkoo gaa-agaashiiwaad dinoo-kaanag bakwezheganing)
- Biisadaawang bakwezheganing (waabadaawangizid gaye ozaawadaawangizid)
- Gizhebaa-miijim gaawiin memwaach gaa-giizid
- Gaa-giizidong gizhebaa-miijim
- Bakwezheganaabiinsan bebakaan gaa-izhinaagokin (gaa-waabishkaagin gaye gaa-ozawaagin)
- Manoomin (gaa-waabishkizid gaye gaa-ozawaawizid)

- Gaa-gaapiziwaad bakwezheganensag
- Gaa-zhiiwiziwaad bakwezheganensag
- Rye gaa-onji-ozhichigaadeg bakwezheganing gaye godak dinookaanan
- ★ Bakwezheganaabiinsan gaa-gii-ozhichigaadegin gaye gaa-mashkawaakodokin
- ★ Gaa-mashi gaa-baashkijidesinog mandaamin (gaa-biizhidesinog mashi)
- ★ Anishinaabe bakwezheganing gaye gizhebaa-bakwezheganing mitadaawang

Doodooshaabo gaye godak dinookaanan



- Doodooshaabo (gaa-ondinigaadeg noongom)

- Doodooshaabo (gaa-biisidaawangak, biiwaabikoonsing gaa-biindeg, gaa-gii-gizhigaadeg ji-bekichigaadeg (UHT))
- Gaa-ozawaagaming doodooshaabo gaa-zhiiwang
- Gaa-bimidewang doodooshaabo
- Mayagiya'iiin gaa-minikwaadegin
- Jiiz gaye jiizikaanan
- Gaa-waabishkaag gaa-nookaag jiiz
- Gaa-ozhichigaadeg gaa-waabishkaag miijim

- Gaa-bazagwaagaming doodooshaabo
- Gaa-wisagipogok doodooshaabo
- Gaa-nookaag gaa-waabishkaag jiiz
- Gaa-zhizhoo'igaadeg jiizikaan
- Gaa-dakaag, gaa-mashkawaakoding miijim, shebet gaye mikomii-doodooshaabo

Wiiyaas gaye godak



- Abinoojiyens gaa-minikwaadang
- Abinoojiyens ogizhebaamiijim
- Godak abinoojiyensiwi-miijiman

- Noongom gaa-ondinigaadeg gaye gaa-mashkawaakoding iyaas, giigooy gaye gichigamiing gaa-onjiimagak miijim
- Onagzhiinsing gaa-biindeg wiiyaas
- Waawanoon gaye waawanokaanan
- Bagaaning gaye okaniminan gaa-zhiiwangisingin
- Gaa-baasowaad amiskoziisiminag (kidinii gaye gaa-makadewiziwaad gaye pinto)
- Gaa-baateg miijim daabishkoo amiskoziisiminag gaa-izhinaagoziwaad
- Bagaanibimide gaye bagaaning gaa-onji-ozhichigaadegin zhagashka'iganan
- Gaa-wiiyaasiwanzinog miijim daabishkoo toopoo gaye wiiyaasikaanag

- Gookoosh gaa-giizidong gigizheb
- ★ Biiwaabikoonsing gaa-biindeg giigooy gaye gichigami-miijim
- ★ Biiwaabikoonsing gaa-biindeg miijiman daabishkoo amiskoziisiminag

Godak miijiman



- Ozaawibimide, waabishki-bimide
- Bimide gaa-aabadak ji-zaasaabikizigeng (canola, oliv, gitigaan)
- Ombisijigan
- Zhiiwitaagan
- Ombizigan

- Bimidekaan (gaa-noosookaag gaye nibiing gaawiin onji-ozhichigaadesinoo)
- Gitigaaning gaa-dagonigaadeg gaye gaa-jekinaman miijim
- Waabishki-bimide
- Gakina bimiden gaa-zaasaabikizigaageyin gaawiin dagonigaadesinooan imaa Nawach Niibiwa Ji-miinind (waabigwan, bagaan, gitigaan)
- Gaa-mashkawakojid piitsa
- Miijiman gaa-izhichigaadegin zhemaak ji-miijinaaniwangin ishkwaa-ningidegin, gaawiin dashwiin bakwezheganing gaa-aabadizid, gemaa zhiwi-bakwezheganing, boodiin, naboniganag, gaye wiiyaas gaa-ozhichigaadeg, gaye gitigaamiijim
- ★ Gitigaanimiijim gaa-dagonigaadeg apanjigan gaye bakwezheganing
- ★ Piitsa aazha gaa-gii-ishkwaa-ozhi'ind
- ★ Piitsa ge-ozhi'adiban giin
- ★ Ziizibaakodokaanan
- ★ Dagozekwaan, ji-minopogwak miijim

- Mashkikiwag Mino-ayaawin Gaanada gaa-ikidod ji-aabadakin
- ★ Gaasii'iganan gaye gaa-nooni'aawasowaad gaa-aabajitoowaad
- ★ Midaasensag gaa-webiniganiiwaad, giziindime'on, ziinskiigome'oniigin
- ★ Gizi'aabide'on, gizi'aabide'onaak, gizi'aabideyaab, wiibidikaanan gaa-aabadakin ji-bekakin
- ★ Giizininjiwaabo, giziibiiga'igan, zhizhoonigan, giziibiigitigwaane'aabo, boonziniganan
- ★ Giziibiiga'ige giziibiiga'igan gaye giziinaagane-giziibiiga'iganaabo

Gaawiin miijimiwanzinoonan ono



- Aanziyaanan
- Ikwewag gaa-aabajitoowaad gii-izhiyaawaad