

Canada's
Toll-Free Number for
Poison Centres is

1-844 POISON-X

(1-844-764-7669)

In Quebec, please call

1-800-463-5060

If the person is unconscious, not breathing or having a seizure, call 911.

Use this QR code to save
the number in your phone.



Poisons come in all forms: drugs, alcohol, unregulated substances, and medication. Call one of our poison centres or scan the QR code for quick, expert help.

infopoison.ca



Canadian
Association for

**Poison
Centres and
Clinical
Toxicology**

Association
canadienne pour

**centres
antipoison et
toxicologie
clinique**