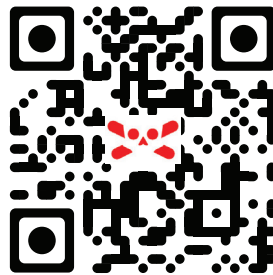


Canada's Toll-Free Number for Poison Centres is **1-844 POISON-X** (1-844-764-7669)

In Quebec, please call
1-800-463-5060

If the person is unconscious, not breathing or having a seizure, call 911.

Use this QR code to save
the number in your phone.



Poisons come in all forms: drugs, alcohol, unregulated substances, and medication. Call one of our poison centres or scan the QR code for quick, expert help.

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